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CAR SEAT SAFETY

We are not certified car seat technicians and not giving technical safety advice. However, we would like to point you in the right direction so that your bundle of joy remains safe and sound. We have included a few tips, a listing of safety inspection centers where you can bring your car seat to make sure it is properly installed in your vehicle and a few on-line resources which you can follow on social media to pick up some great information.

SAFETY TIPS:

- **Brand** - Any brand is okay. We would caution against using any after-market inserts.
- **Age** – Car seats have an expiration date. Every car seat brand is different, the expiration date is typically 6 to 10 years from the manufacturing date (with many manufacturers setting the expiration date of six years). Check the car set for its manufacture / expiration date. This is especially important if you are using a borrowed or hand me down.
- **Direction** - Make sure your baby is always rear facing and always in the back seat. New AAP guidelines suggest leaving infant rear facing for a minimum of 2 years. (Keep the manufacturers instruction book in the car with the seat.)
- **Tight fitting** - Make sure the straps are tight! You should only be able to fit 2 fingers between the shoulder and strap, and 2 fingers between the groin and strap. This is especially important during the winter. Large puffy jackets do not allow a tight fit. Rather, only regular clothing should be worn with straps buckled tightly and then a blanket can be placed above the straps.

CAR SEAT INSPECTION STATIONS

LOCATION	ADDRESS	SCHEDULE
Shade Tree Garage	171 Washington Street Morristown, NJ 07960	3rd Tuesday of the month 5:00 PM - 8:00 PM; 2nd Saturday of the month 8:00 AM - 12:00 PM
Mt Tabor Fire Department	72 South Powder Mill Road Morris Plains, NJ 07950	Wednesdays 9:00 AM To 3:00 PM
Denville Fire Department	2 Indian Rd Denville, NJ 07834	1st Monday of the Month 10:00 AM To 1:00 PM
Chester First Aid Squad	100 North Road Chester, NJ 07930	3rd Thursday of the month 7:00 AM To 12:00 PM; 3rd Thursday of the month 7:00 AM To 12:00 PM
Fairfield Fire Department	51 Plymouth Street Fairfield, NJ 07004	Tuesdays 9:00 AM To 12:00 PM
Sparta	5 West Shore Trail Sparta, NJ 07871	4th Monday of the month 10:00 AM To 1:00 PM
Pompton Lakes First Aid Squad	700 Ramapo Ave. Pompton Lakes, NJ	3rd Monday of the month 4:00 PM To 7:00 PM
Totowa State Police Troop "B" Headquarters	250 Minnisink Road Totowa, NJ 07512	Thursdays 9am – 12pm 2nd and 4th Saturday of each month, 9am – 12pm

Appointments are not required for any of these inspection stations. For the most up to date listing we encourage you to check <https://www.safekids.org/inspection-stations#NJ>.

EDUCATIONAL RESOURCES:

Here are three excellent resources for information and tutorial videos. They each have websites and social media pages. We strongly encourage you to check them out!

@ Safe in the seat

@ Car seats for the littles

@ The car seat lady

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